NSW Senior State Age Short Course Championships

Last month, Meriden swimmers excelled in the pool at the 2022 NSW Senior State Age Short Course Championships. In order to qualify for the Championships, girls achieved highly competitive race times in their age groups, an impressive feat in itself.



Sofia Bisello, Year 9

Congratulations to all the girls who raced and gave their best performances. A special mention to Sofia Bisello, Year 9, who brought home three gold, two silver and two bronze medals after competing in six individual and two relay events.

Other highlights from the Championships included:

- **Alyssa Chan**, Year 9, raced in two events and swam a 1.5-second personal best time in the 200-metre Backstroke.
- **Audrey Mak**, Year 8, raced in five events and won bronze medals in the 200-metre Backstroke and 100-metre Backstroke. Audrey made a significant personal best time of 3 seconds in the 200-metre Individual Medley.
- **Claudia Brown**, Year 9, raced in two events and swam personal best times for both events. Claudia reached the Final for the 200-metre Breaststroke and finished in ninth place.
- **Samantha Hardingham**, Year 12, raced in three events and swam personal best times in two of these events. Samantha made the Finals for all three of jet events and came in fourth place in the highly-competitive 50-metre, 100-metre and 200-metre Freestyle.
- **Scarlett Brown**, Year 10, raced a relay and five individual events, qualifying for the Finals in four of these. She finished with a 1.8-second personal best time in the 200-metre Backstroke, securing her sixth place.

Ms Chloe Wilcox
Head Coach (Aquatics)