

Meriden athletes earn 18 championship medals

Meriden girls brought home twelve gold, three silver and three bronze medals at the NSWCIS Athletics Championships. The girls gave their all and delivered five personal best performances.

Karina Bell was a standout performer, winning three gold and one bronze medal and setting a new NSWCIS record for the 17 Years Discus.

Bronte Locane continued her winning form, claiming gold in the 100-metre and 200-metre events. Bronte was also a member of Meriden's Junior Relay Team alongside Olivia Achike, Rekha Levine and Emmanuella Omage. The girls delivered a stellar performance to achieve first place and only just missed the meet record, which was set by the Meriden Junior Team in 2019.

Standout performances were also delivered by Alexandra Richards, Abigail Omage, Ada Rand and Rekha Levine who each claimed gold at the Championships.



Alexandra Richards, Abigail Omage, Ada Rand and Ellen Murphy

Results:

Olivia Achike, Year 7	<ul style="list-style-type: none"> • Junior 4 x 100 metre Relay, Gold • 12–13 Years Triple Jump, Bronze (PB) • 13 Years Long Jump, Fifth • 13 Years 80-metre Hurdles, Fifth
Ivy Askew, Year 9	<ul style="list-style-type: none"> • 14 Years High Jump, Silver
Karina Bell, Year 11	<ul style="list-style-type: none"> • Senior Discus, Gold (New Record) • 17 Years High Jump, Gold • 17 Years Javelin, Gold • 17 Years Shot Put, Bronze
Lily Johnson, Year 8	<ul style="list-style-type: none"> • 14 Years Discus, Ninth
Rekha Levine, Year 9	<ul style="list-style-type: none"> • 14 Years Long Jump, Gold (PB) • Junior 4 x 100 metre Relay, Gold • 14 Years 100-metre, Fourth (PB)
Bronte Locane, Year 8	<ul style="list-style-type: none"> • 14 Years 100-metre, Gold • 14 Years 200-metre, Gold • Junior 4 x 100 metre Relay, Gold

Ellen Murphy, Year 11	<ul style="list-style-type: none"> • 16 Years 100-metre Hurdles, Gold • 16 Years 200-metre, Silver • 16 Years 400-metre, Bronze
Abigail Omage, Year 11	<ul style="list-style-type: none"> • 17 Years Long Jump, Gold (PB)
Emmanuella Omage, Year 8	<ul style="list-style-type: none"> • Junior 4 x 100 metre Relay, Gold • 13 Years 200-metre, Fourth (PB)
Ada Rand, Year 11	<ul style="list-style-type: none"> • 17 Years 1500-metre, Gold
Alexandra Richards, Year 11	<ul style="list-style-type: none"> • 17 Years 100-metre Hurdles, Gold
Audrey Sutton, Year 10	<ul style="list-style-type: none"> • 15 Years Triple Jump, Silver • 15 Years Long Jump, Fourth
Emma Wen, Year 10	<ul style="list-style-type: none"> • 16 Years Javelin, Tenth
Caitlin Yeoh, Year 9	<ul style="list-style-type: none"> • 14 Years Javelin, Fourth
Ninus Zhang, Year 10	<ul style="list-style-type: none"> • 16 Years High Jump, Sixth (PB)

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