

Athletics update

NSW Junior Championships

Last month, Meriden athletes competed in the NSW Junior Championships at the Sydney Olympic Park Athletics Centre, coming home with five medals and fourteen personal best performances.

For the first time, Year 12 student, Alexandra Richards ran under fourteen seconds in her 100-metre Hurdles (84cm) event. This fantastic result has gained her the title of Australia's current number-one ranked Under 20 athlete for the event in 2023.



Alexandra Richards, Year 12

Meriden's Medal Winners

Karina Bell, Year 12	Under 20 Javelin – First Place
Adriana Borg, Year 10	- Under 16 Long Jump – First Place (Personal Best) - Under 16 Triple Jump – Fourth Place
Ada Rand, Year 12	Under 20 1500-metre – First Place
Alexandra Richards, Year 12	Under 20 100-metre Hurdles – First Place (Personal Best)
Audrey Sutton, Year 11	- Under 17 Triple Jump – Third Place (Personal Best) - Under 17 Long Jump – Fourth Place (Personal Best)

Other Highlights

Olivia Achike, Year 8	- Under 15 Triple Jump – Seventh Place - Under 15 Long Jump – Ninth Place
Ivy Askew, Year 10	Under 16 High Jump – Sixth Place
Kiera Krebs, Year 11	- Under 17 Long Jump – Fourteenth Place (Personal Best) - Under 17 100-metre – Sixteenth Place
Sabrina Krebs, Year 8	Under 14 100-metre – Seventeenth (Personal Best)
Rekha Levine, Year 10	Under 16 Long Jump – Fifth Place
Angie Le Roux, Year 10	- Under 17 2000-metre – Fourth Place - Under 17 3000-metre – Tenth Place
Bronte Locane, Year 9	Under 16 100-metre – Sixth Place

Emma Lubke, Year 11	• Under 18 400-metre – Ninth Place (Personal Best) • Under 18 800-metre – Eleventh Place (Personal Best)
Emmanuella Omage, Year 9	• Under 15 Long Jump – Eleventh Place (Personal Best) • Under 15 200-metre – Thirteenth Place (Personal Best) • Under 15 100-metre – Fourteenth Place (Personal Best)
Prapthi Ravindra, Year 8	• Under 14 100-metre – Sixteenth Place
Alannah Roberts, Year 10	• Under 17 800-metre – Fourteenth Place • Under 17 1500-metre – Fifteenth Place
Sienna Sukh, Year 7	• Under 14 800-metre – Fifth Place (Personal Best) • Under 14 1500-metre – Sixth Place (Personal Best)

Australian Junior Championships

The following girls have qualified to compete at the Australian Junior Athletics Championships, which will be held in Brisbane in April.

- Karina Bell
- Adriana Borg
- Angie Le Roux
- Claudia Meaker
- Bronte Locane
- Ada Rand
- Alexandra Richards
- Audrey Sutton
- Sienna Sukh

Ivy Askew and Ellen Murphy also qualified for the event but will not be attending.

Mrs Nicole Boegman-Stewart

Head Coach Athletics