



MERIDEN
AN ANGLICAN SCHOOL FOR GIRLS

CANTEEN MENU



Daily Deals ★

MONDAY

Baked Burrito **\$8.50**

with rice, salsa, grated cheese,
guac & sourcream

Options mad mex beef |
tikka masala chicken | mexi beans + veggie

TUESDAY

Mighty Meatball Sub **\$7.90**

with melted parmesan

WEDNESDAY

Pizza Please **from \$5.50**

Options double cheese margarita | perfectio
pepperoni | BBQ meatlovers | Peri Peri chicken

THURSDAY

Best Burger Ever **\$8.90**

with crinkle cut sea salt crisp
classic cheeseburger or crispy
chicken burger with lettuce,
tomato & tomato mayo

'Meri' Burger only **\$7.50**

FRIYAY

Tex Mex Nacho Box **\$7.90**

with rice, salsa, grated cheese, guac
& sourcream

Options chilli con carne | veggie bean

MAKE IT A MEAL DEAL

Add Lucky Dip Juice Bomb \$3.50

Add Lucky Dip Juice Box \$2.50

Add Garlic Bread Baguette \$2.00

Everyday Lunchtime

Chef Made Pasta Bolognaise \$8.50
Bolognaise + Garlic Bread \$9.90
Baby Bolognaise \$5.90

with hidden veggies

Options beef | vegetarian | gluten free | dairy free

Traditional Butter Chicken \$8.50
Butter Chicken + Naan Bread \$9.90
Baby Butter Chicken & Rice \$5.90

with veggie medley & basmati rice (GF)

Cheezy Meatball Pasta \$7.90

Simple Pasta Bowl \$3.90

Add Napolitano sauce +\$1.00

Add grated mozzarella \$1.00

Add beef or veggie bolognaise +\$2.00

Simple Rice Bowl \$3.90

Super Salads

Goodness Me Bowl GF / VEG from \$5.90

with green goddess dressing

Mixed leaf, cherry tomatoes, cucumber & carrot

Add avocado VEG +\$1.60

Add falafel bites GF +\$1.80

Add poached chicken +\$2.50

Add crispy chicken schnitzel +\$2.50

Karaage Chicken Soba Noodle Bowl \$7.70

with sesame dressing

Japanese style soba noodles, diced cucumber, ribbon carrot & crispy chicken

Pesto Me Pasta Bowl \$7.50

GF OPTION / VEG

with pesto mayo

penne pasta, cherry tomato, fresh basil, grated mozzarella cheese

Add poached chicken +\$2.20

Add chickpes +\$1.00

Everyday Mind Foods

Whole Fruit \$1.20

Cobs Sea Salt Popcorn \$2.20

GF/VEG/DF

Simple Seaweed Thins \$2.80

GF/VEG/DF

Crispy Freeze \$3.20

Options dried fruits mango | pineapple | strawberry

Cherry Ripe Energy Ball \$3.90

GF/VEG/DF

Yogurt Pot \$4.50

Options wild berry crumble | strawberry milo disco | honeycomb apple | Meriden special

Melon is Magic Fruit Plate \$3.90

Add more abracadabra!

berries | orange wedges | apple slices

yogurt frogs (2) | honeycomb squares (2) +\$1.00

'Power Me' Brekkie Bowl \$5.90

with oats, chia + fruits

Add berries | poached apple +\$1.60

Crackers 'n' Cheese Plate \$3.90

Choose from jatz | rice crackers | corn chips

Add tasty cheese | cherry tomato | cream

cheese | cucumber circles

Crunch 'n' Munch Plate \$3.90

Choose from carrot stick | cucumber sticks

Add hummus | guacamole | cream cheese

Add salted pretzels +\$1.00

Sushi Time

Sushi Plate [Senior] \$5.70

Baby Sushi [Junior] \$4.90

with soya sauce

Choose from teriyaki chicken | tuna mayo GF |

chicken katsu & lettuce | avocado GF/V

Sushi Meal Deal \$8.90

with popcorn or crisps + juice

Bagels & Wraps from \$6.90 ★

Choose from

tortilla wrap (gf opti | Cheezy Bagel

Ham, tomato, cheddar, mayo & lettuce

Falafel, tomato, spinach & hummus

Italian chicken, sundried tomato, mozzarella & mixed leaf

Poached chicken, avocado, tasty cheese, mayo & lettuce

Crispy chicken schnitzel, mozzarella, mayo & mixed leaf

Toastie Time from \$3.90 ★

Choose from

wholemeal | white | sourdough | Turkish | gf

Cheese & vegemite

Tasty cheese & tomato

Ham & tasty cheese

Too cheezy

Chicken, mozzarella & mayo

Join the Club (coming soon)

Chicken, bacon, lettuce, mayo, tomato & tasty cheese

The Winner ★

Crispy Chicken, Cheese , Avocado & Mayo

Hot Pastries & Snacks ★

Baby Beef Pie \$2.60

Snack Sausage Roll \$2.60

Spinach & Cheese Pastizzi (2) \$3.90

Oven Baked Chicken Drummies (X3) \$4.90

Garlic Baguette \$3.00

Seasoned Potato Wedges \$3.00
(subject to availability)

Add Sweet Chilli Sauce & Sour Cream Loaded Wedges \$4.50

Hashbrowns \$2.50
(subject to availability)

Add tomato – bbq sauce +.30c

Café Baked Treats ★

Cookies from \$3.00

Gingerbread circles (2)

Classic choc chip

Double choc smartie [WK 1]

Red velvet [WK 2]

Oreo kiss [Thurs & Fri]

Freshly Baked Muffins \$4.00

Apple & forest berry

Milky choc chip milo

Banana & coconut (2)

Warm Fruit Loaves With Butter From \$4.70

Banana

Banana choc chip

Sweet Bites \$2.20

Marble brownie GF

Mars bar caramel

Sometimes Snacks



Eucalyptus Drops	\$1.70
Yogurt Frogs	\$2.00
Ovalteenies	\$2.30
Nutri-grain Snack Pack	\$2.20
K-time Baked Berry Twist	\$2.80
Snaps Bbq Veggie Crisps	\$2.80
GF/VEG	
Red Rock Deli Chips	\$2.50
Choose from honey soy chicken sea salt	
Mamee Chicken Noodle Sticks	\$2.00
Jelly in my belly bowl	\$2.50
Add fresh fruits + \$2.00	

Rise'n'Shine



Sourdough Toast (1)	\$2.90
with simple spread	
Add berry jam, vegemite, honey	
Add cream cheese, avocado +\$1.60	
Bursting Blueberry Bagel	\$4.40
Add cream cheese +.60c	
Freshly baked croissant	\$3.90
Add honey, berry jam +\$4.50	
Add cheese +\$5.30	
Add ham & cheese +\$5.70	
Cheezy Bagel with Butter	\$4.70
Choc croissant	\$3.90
Hot Cross Bun	\$3.50
warm with butter	

Chill Out Time



Juicy Tubes	\$2.50
lemonade lucky dip GF/DF	
Mini Pure Pops	\$3.50
choc shake GF strawberry yogurt GF banana mango GF/DF	
Classic Pure Pops	\$4.90
double choc GF strawberry rhubarb vanilla GF	
Twisted FroYos GF	\$4.00
choc vanilla vanilla strawberry mango watermelon	
Rainbow Ice Cream Cups & Cones	\$3.00
FRIYAY SPECIAL	



Let's Talk Drinks – COLD ★

Just Juice Box 200ml **\$2.80**
paradise punch | apple & blackcurrant

East Coast Juice 250ml **\$3.80**
apple | OJ | lemonade

Juice Bomb Soda 250ml **\$3.80**
apple apple grape | watermelon

Famous Soda Pink Lemonade Can 250ml **\$4.20**

Nippy's Milk Box 250ml **\$3.80**
chocolate | strawberry | honeycomb | ice coffee

Nu Pure Still Water **\$3.50**

Nu Pure Sparkling Water **\$3.80**

Bobba Bubble Tea **\$5.50**
original | brown sugar |
mango + peach

Milkshake **\$5.00**
vanilla | caramel

Smoothies **\$5.00**
milo | bursting berry

Drinks Over Ice **\$5.00**
latte | vanilla chai | mocha | chocolate
Add oat or soy milk **+.50c**

Slushie **\$3.50**

Let's Talk Drinks – HOT ★

Barista Made Options

cappuccino | piccolo latte | **8oz \$3.70**
flat white | long black | **12oz \$4.00**
mighty mocha

vanilla chai latte | milky milo | creamy hot choc

Soothing Teas

breakfast | lemon & ginger | peppermint | green |
earl grey

Add oat or soy milk **+.30c**

Add vanilla | caramel syrup | decaf | extra shot **+0.30c**