

# CIS Swimming and Diving Championships

Earlier this month, six Meriden students competed in the CIS Swimming and Diving Championships and achieved fantastic results, picking up one gold, three silver and three bronze medals.

There were several highlights over the two-day competition, including Audrey Mak, Siena Jasper, Kylie Zhang, and Qiannie Yang, earning a bronze medal in the 12-14 Years 4 x 50-metre Freestyle Relay event.



Siena Jasper, Qiannie Yang, Kylie Zhang and Audrey Mak



Sofia Bisello

Sofia Bisello and Audrey Mak delivered impressive performances in their individual events, with Sofia winning gold in the 200-metre Freestyle and silver in the 100-metre Freestyle and the 100-metre Butterfly events, while Audrey picked up a silver medal in the 100-metre Backstroke and bronze medals in the 200-metre Backstroke and the 200-metre Individual Medley.

All the Meriden swimmers who competed at the event have been selected to represent CIS at the upcoming NSW All Schools Championships in early June.

In the diving competition, Zella Modena executed several excellent dives to finish fourth in her Springboard event and fifth in her Platform event.

Congratulations to all the girls on their performances in the competition.

<b>Sofia Bisello</b>	<ul style="list-style-type: none"> <li>• 15-16 Year 200-metre Freestyle – First, 2.07.63</li> <li>• 15-16 Years 100-metre Butterfly – Second, 1.05.39</li> <li>• 16 Years 100-metre Freestyle – Second, 59.38</li> </ul>
<b>Siena Jasper</b>	<ul style="list-style-type: none"> <li>• 12-14 Years 4 x 50-metre Freestyle Relay – Third, 1.57.48</li> </ul>
<b>Audrey Mak</b>	<ul style="list-style-type: none"> <li>• 12-14 Years 100-metre Backstroke – Second, 1.11.41</li> <li>• 12-14 Years 200-metre Backstroke – Third, 2.35.86</li> <li>• 12-14 Years Individual Medley – Third, 2.34.01</li> <li>• 12-14 Years 4 x 50-metre Freestyle Relay – Third, 1.57.48</li> </ul>
<b>Zella Modena</b>	<ul style="list-style-type: none"> <li>• 13-14 Years Springboard – Fourth</li> <li>• 13-14 Years Platform – Fifth</li> </ul>
<b>Qiannie Yang</b>	<ul style="list-style-type: none"> <li>• 12-14 Years 4 x 50-metre Freestyle Relay – Third, 1.57.48</li> </ul>
<b>Kylie Zhang</b>	<ul style="list-style-type: none"> <li>• 12-14 Years 4 x 50-metre Freestyle Relay – Third, 1.57.48</li> </ul>

**Ms Chloe Wilcox**  
Head Coach - Aquatics