



MERIDEN
AN ANGLICAN SCHOOL FOR GIRLS

CANTEEN MENU

DAILY DEALS



Blue Bell
Cafe

MONDAY



NEW HOUND DOG MONDAY \$7.00

All American frankfurt in a hot dog bun with mozzarella, caramelised onion + sauce

LOADED HOUND DOG WITH CHILL CON CARNE +\$2.00

ADD HASHBROWNS +\$2.50

TUESDAY



NEW 'CHEEZY' TUESDAY \$8.90

Golden baked arancini with four cheeses served with cowboy style rice salad

VEG

WEDNESDAY

WACKY PIZZA WEDNESDAY

Pizza Square + Garlic Bread \$8.50

2 X Pizza Squares \$9.50

Single Pizza Square **JUNIOR ONLY** \$5.50

OPTIONS DOUBLE CHEEZY MARGHERITA | VEG

FAB FARMHOUSE | HAPPY HAWAIIAN

MAKE IT A MEAL DEAL! SENIOR ONLY

ADD LUCKY DIP JUICE BOMB \$3.50



THURSDAY

BORN IN THE USA BURGER \$9.90

Classic beef pattie with lettuce, tomato, mayo + American cheddar served with sweet chilli sour cream crisps

OPTIONAL ASIAN INSPIRED TOFU BURGER **VEG** \$8.90

BEST BURGER EVER ONLY \$8.50

FRIDAY



MEXICAN MADNESS \$8.50

Tex mex nachos with crunchy corn chips, pico de gallo, grated cheese, guacamole + sour cream



OPTIONAL CHILLI CON CARNE OR VEGIE BEAN **VEG | GF**

ADD LEMONADE ICY POP +2.50

AVAILABLE EVERY FRIDAY + SPECIAL DAYS

BENTO LUNCH BAG



Choose your Onigiri

- Teriyaki chicken
- Tofu Kimchi
- Tuna Mayo

\$9.50

SERVED WITH SEA SALT PRETZELS + BERRY JELLY CUP

ADD LUCKY DIP JUICE CUP +\$2.00



MELLOW YELLOW
SPECIAL

\$9.90

- CHEEZY MITE SCROLL
- HAPPY VIBES HELLO KISS
- OLD SCHOOL LEMONADE

EVERYDAY LUNCHTIME



BABY PASTA BOLOGNASIE \$6.00

TWISTA PASTA BOLOGNASIE \$8.50

BEST DEAL

BOLOGNASIE + GARLIC BREAD \$9.90
WITH HIDDEN VEG + PARMESAN

OPTIONS BEEF | VEGGIE | DAIRY FREE | GLUTEN FREE

BABY BUTTER CHICKEN + RICE GF \$6.00

BUTTER CHICKEN + RICE GF \$8.50

BEST DEAL

BUTTER CHICKEN + NAAN BREAD \$10.50

NEW

EASY CHEEZY POTATO BAKE BOWL VEG \$7.00
WITH OPTION TO ADD CRISPY BACON (120Z) +\$1.50

JUNIOR ONLY SPECIALS



SIMPLE PASTA BOWL \$4.00

Add Napolitano sauce +\$1.00

Add grated mozzarella \$1.00

Add beef or veggie bolognaise +\$2.00

SIMPLE RICE BOWL \$4.00

SENIOR ONLY SPECIALS



SENSATIONAL SUMMER TOASTIE \$8.50

BEST DEAL

CRISPY CHICKEN, RANCH MAYO, AVO,
SPINACH, MELTED CHEESE ON TURKISH
WITH SEA SALT POTATO CRISPS \$9.90

SUSHI TIME



NORI HAND ROLL SENIOR \$5.70

BABY SUSHI JUNIOR \$5.50
with soya sauce

Options teriyaki chicken | tuna mayo GF |
chicken katsu | avocado | GF | VEG

RICE PAPER ROLL SPECIAL DAYS ONLY \$5.90
WITH SNAPS CRISPS \$9.50

BEST DEAL

SUSHI VALUE DEAL FROM \$8.90

- Sushi Roll or Baby Sushi
- Oriental Rice Crackers or Sea Salt Popcorn
- Lucky Dip Cookie
- Option to add juice cup +\$2.00

MIND MUNCHIES



WHOLE FRUIT \$1.50

COBS POPCORN GF | VEG | DF \$2.20

CRISPY FREEZE DRIED FRUIT GF | VEG | DF \$3.50

Options mango | pineapple | strawberry

CHERRY RIPE ENERGY BALL GF | VEG | DF \$3.50

YOGURT POT \$4.50

Options wild berry crumble | honeycomb pie
strawberry milo disco | wild'n' tropo

MELON IS MAGIC FRUIT PLATE \$4.00

ADD MORE ABRACADABRA!

berries | orange wedges | apple slices +0.50C
yogurt frogs (2) | honeycomb squares (2)
marshmallows (3) +\$1.00

CRACKERS 'N' CHEESE PLATE \$4.00

Choose from jatz | rice crackers | corn chips

Add tasty cheese | cream cheese

Add cucumber circles | cherry tomato +0.50c

CRUNCH 'N' MUNCH PLATE \$4.00

Choose from carrot stick | cucumber sticks Add

hummus | guac | cream cheese +0.50c

Add salted pretzels +\$1.00

THE MORNING MELONATOR SENIOR \$4.50
JUNIOR \$3.50

SUPER STARTER YOGURT CUP \$6.50

with granola, loaded berries, + passionfruit

HOT PASTRIES & SNACKS



BABY BEEF PIE \$2.60

SNACK SAUSAGE ROLL \$2.60

SPINACH CHEESE PASTIZZI (2) VEG \$4.40

PLANT BASED CHICKEN NUGGETS (4) VEG \$5.20

CHICKEN DRUMMIES (3) \$5.20

GARLIC BAGUETTE VEG \$3.20

HASHBROWNS (2) VEG (COUNTER ONLY) \$3.00

SAUSAGE ROLL \$6.90

SPINACH CHEESE ROLLS VEG \$6.90

HUNGRY HUNGRY HIPPO VEG \$8.00

BEST DEAL

- Plant Based Chicken Nuggets (4)
- Garlic Bread

ADD TOMATO OR BBQ SAUCE +.30C

BAGELS & WRAPS



BURSTING BLUEBERRY BAGEL \$5.00
Add cream cheese +\$1.00

CHEEZY BAGELS SENIOR FROM \$7.50
CHOOSE FROM

Super Salad Cream cheese, avocado, lettuce + tomato
Italian Chicken sundried tomato, + mixed leaf
Hello Ham, cheddar, tomato + mayo (counter only)

IT'S A WRAP FROM \$8.00
CHOOSE FROM

Falafel, tomato, hummus + mixed market salad
Italian chicken, sundried tom, mozzarella & mixed leaf
Chicken schnitzel, mozzarella, ranch dressing + lettuce

SIMPLE SANDWICH



CHOOSE FROM
WHOLEMEAL | HI FIBRE WHITE | GF +\$1.00
FROM \$4.00
JUNIOR

BUTTER & VEGEMITE

JUST CHEESE

HAPPY HAM

HAM + TASTY CHEESE

TOASTIE TIME



CHOOSE FROM
WHOLEMEAL | HI FIBRE WHITE |
SOURDOUGH | TURKISH | GF +\$1.00
FROM \$4.00

CHEESE + VEGEMITE

TASTY CHEESE + TOMATO

HAM + TASTY CHEESE

TOO CHEEZY

HAM, CHEESE + TOMATO

I'M A TERRIFIC TOASTIE FROM \$7.50

CHOOSE FROM
WHOLEMEAL | WHITE | GF +\$1.00

- Ham + Cheese
 - Two Cheezy
- with cornatoes or noodles snacks



SUPER SALADS



GOODNESS ME BOWL GF VEG FROM \$6.00

with green goddess dressing
Mixed leaf, tomatoes, cucumber & carrot

Add avocado VEG +\$1.60

Add falafel bites or tofu GF +\$1.80

Add poached chicken +\$2.00

Add crispy chicken schnitzel +\$2.50

SOBA NOODLE BOWL FROM \$6.00

with sesame dressing
Japanese style soba noodles, diced cucumber,
shredded carrot & fried onions

Add Asian inspired tofu VEG +\$2.00

Add Crispy Chicken Schnitzel +\$2.50

PESTO ME PASTA BOWL \$7.00

with nut free pesto mayo, mozzarella
twista pasta, cherry tomato, basil,

Add poached chicken +\$2.00

Add crispy chicken +\$2.50

Add falafel bites GF +\$1.80

IT'S POKE TIME \$7.50

packed with protein and pure genius this bowl
will keep your mind and body powering on.
Medley of diced rainbow veggies with
chickpeas, feta, rice and quinoa.



Add poached chicken +\$2.00

SUNBURST SUPER BOWL \$8.90

Loaded with a trio of healthy greens + extra
goodness with all 3 ideal proteins

A bowl of our genius awaits



- chicken
- bacon
- feta cheese

OPTION TO ADD CHERRY RIPE ENERGY BALL +\$3.00

THE POWER RANGER - SUPER SALADS 'TO GO'

ALL YOUR FAVOURITE SALAD COMBINATION IN
GRAB'N'GO STYLE CUP! GOODNESS TO GO!

IT'S TOO COOL FOR SCHOOL! FROM \$6.90

See our daily display for more details



SOMETIMES SNACKS



EUCALYPTUS DROPS	\$1.80
FRUITY GEMS	\$2.20
YOGURT FROGS	\$2.20
OVALTEENIES	\$2.20
MILO ENERGY BAR	\$2.50
SNAPS BBQ VEGGIE CRISPS GF	\$2.80
SMITHS SALT + VINEGAR	\$2.50
RED ROCK DELI CHIPS	\$2.50
CHICKEN NOODLE STICKS	\$2.20
ORIENTAL RICE CRACKERS	\$2.20
CORNTOS	\$2.20

RISE'N'SHINE



TOAST (1) \$3.00

Choose from sourdough, raisin or 'Out of the oven' Ciabatta roll **+.50c**

Add berry jam, vegemite, honey

Add cream cheese, avocado **+\$1.60**

FRESHLY BAKED CROISSANT \$4.00

Add honey, berry jam **+.50c**

Add cheese **+\$1.50**

Add ham & cheese **+\$1.80**

PAIN AU CHOCOLAT \$4.00

SCHOOL SUNRISE BREKKIE MUFFIN \$5.50

Traditional English muffin with 'crispy bacon, egg + sauce

Add oven-baked hashbrown **+\$1.50**

Add cheese **+\$1.00**

(SUBJECT TO AVAILABILITY)

SUNRISE BREKKIE SPECIAL COUNTER ONLY

Traditional English muffin with 'crispy bacon, egg + melted cheese **\$9.90**

Add oven-baked hashbrown

INCLUDES HOT DRINK



FROM THE BAKERY



COOKIES FROM \$3.00

Gingerbread circles

Classic choc chip

Red velvet

Oreo kiss **SPECIAL DAYS**

'MUFFIN MANIA FROM \$4.00

Apple & forest berry

Milky choc chip milo

Banana & coconut (2) **GF**

Raspberry + white choc

WARM FRUIT LOAVES FROM \$5.00

Served warm with butter

Banana

Banana choc chip

SWEET BITES \$2.20

Marble brownie **GF**

Mars bar caramel



IT'S FINGER BUN FRIYAY

FAIRY BREAD **FINGER BUN** +
MAGIC APPLE JUICE CUP

**FUN
DAY**

\$5.00

CHILL OUT TIME



SLUSHIE CUP \$3.00

See canteen for this weeks flavour

JUICY TUBES **GF DF** \$3.00

lemonade | wildberry | tropical

TWISTED FROYOS **GF** \$4.20

choc vanilla | vanilla strawberry |

mango watermelon | caramel vanilla

PURE POPS FROM \$3.50

choc shake | mango banana |

strawberry mint | vanilla rhubarb

FRIYAY SPECIAL \$3.00

RAINBOW ICE CREAM
CUPS & CONES

(SUBJECT TO AVAILABILITY)

COMING SOON

ACAI SOFT SERVE



\$6.00

LET'S TALK DRINKS – COLD



JUST JUICE BOX \$2.80
paradise punch | apple & blackcurrant

EAST COAST JUICE BOTTLE \$3.80
apple | OJ | lemonade | pineapple

JUICE BOMB SODA CAN \$3.80
apple raspberry | grape | watermelon



T2 TOOTY FRUITY ICE TEA \$4.50

NIPPY'S MILK BOX 250ML \$3.80
chocolate | strawberry | honeycomb



GENKI FOREST FIZZY WATER \$4.00

NU PURE STILL WATER \$3.00

MILKSHAKE IT! \$5.00
Mr Wolf Choc | Very Vanilla
Caramel is King

DRINKS OVER ICE \$5.00
latte | vanilla chai | mocha | chocolate
Add oat or soy milk **+.50c**

WELL BEING SMOOTHIES \$6.00
mad mango | berry me
(SUBJECT TO AVAILABILITY)



CELEBRATING A BIRTHDAY?

**ORDER ONLINE FROM OUR
CANTEEN BIRTHDAY SERVICE**



LET'S TALK DRINKS – HOT



BARISTA MADE COFFEE \$4.00

AVAILABLE IN REGULAR (8OZ) + LARGE (12OZ)

- cappuccino |
- flat white |
- latte | l
- long black
- piccolo |
- chai latte
- milky milo
- creamy hot chocolate
- mighty mocha

SOOTHING TEAS

- English breakfast
- lemon & ginger
- peppermint
- green
- earl grey

Add oat or soy milk **+.50c**

Add vanilla | caramel | decaf | extra shot **+.50c**

BYO KEEP CUP = 30C DISCOUNT

HAPPY CUSTOMER CARD



**BUY 9 HOT DRINKS TO
RECEIVE #10 FREE**



Blue Bell
Cafe