

Athletics news

2025 Australia All Schools Championships

At the end of Term 4 2025, four Meriden students competed at the Australian All Schools Athletics Championships in Melbourne before joining the Meriden Team for the National Schools Challenge held at the same venue.

Caitlin Probeta, Year 11, was crowned National Champion after winning the Under 16 200-metre Hurdles, she also placed sixth with a new personal best in the final of the 90-metre Hurdles.

Eleni Rakasi, Year 8, finished third in the Under 14 Discus, while Year 12 student Adriana Borg finished her final school year placing third in the Under 18 Triple Jump. Competing at her first Australian All Schools, Amber Worden finished in a credible seventh place in the Under 15 Long Jump.



Top image: Caitlin Probeta
Bottom image: Eleni Rakasi

2025 National Schools Challenge

The day after the Australian All Schools, 15 members of the Meriden Athletics Squad competed across two age categories in the National Schools Challenge. This is Meriden's fifth year competing at this event, and it resulted in our most successful result to date, with our Intermediate Team being crowned National Champions.

There were excellent performances across both the Intermediate and Senior Teams, with the Senior Team finishing in sixth place.

The Intermediate Team consisted of Lucy Greenhalgh and Amber Worden, Year 9; Caitlin Probeta, Eleni Rakasi and Prapthi Ravindra, Year 10; and Chelsea Gruchot and Leticia Lin-Orme, Year 7.

After juggling teams due to injury and illness, the Intermediate girls stepped up with strong top three placings across events.

- Lucy Greenhalgh:
 - Javelin – Third
- Leticia Lin-Orme:
 - 400-metre – Third
 - Swedish Relay – Second
- Caitlin Probeta:
 - 100-metre – Third
 - 200-metre – Third
 - Swedish Relay - Second
- Amber Worden:
 - Long Jump – First (personal best)
 - High Jump – Second (10cm personal best)

- Swedish Relay – Second

Prapthi Ravindra, a late replacement for the team, had an outstanding competition running personal best times in both the 100-metre and 200-metre (taking off over half a second from her previous best) and placing second in the Swedish Relay.

The Senior Team was represented by Sienna Sukh, Year 9; Julia Meaker, Year 10; and Adriana Borg, Bronte Locane, Anna Cocks, Heidi Jessup and Emmanuella Omage, Year 11. Top performances in the Senior Team were:

- Adriana Borg
 - Long Jump – Third
- Heidi Jessup:
 - Javelin – Sixth
- Indiana Middleton:
 - Shot Put – First (personal best)
- Emmanuella Omage:
 - 100-metre –Third
 - 200-metre – Fourth

Congratulations to all the girls on their performances and contribution to the team's overall results.

2026 NSW Combined Events Championships



Prapthi Ravindra, Amber Worden and Pratithi Ravindra

Over the Australia Day Long weekend, three Meriden students competed at the NSW Combined Events Championships at Sydney Olympic Park.

Amber Worden, competing in the 15 Years Heptathlon, came away with a silver medal along with five personal best performances out of seven events.

Year 11 students Prapthi and Pratithi Ravindra also competed in their first Heptathlon, placing in sixth and seventh respectively in the 16 Years age group. Finishing with eight personal best performances between them, Prapthi came agonisingly close to qualifying for the Australian Junior Championships, missing the qualification standard by only one point.

The girls are now preparing for the next major championships:

- NSW State Junior Athletics Championships 13-15 March
- NSW Little Athletics State Championships 20-22 March



Mrs Nicole Boegman-Stewart
Head Coach Athletics