

Athletics News

2026 Australian Athletics Championships

During the Term 1 school holidays, eight current Meriden students and four alumni competed at the Australian Little Athletics Championships (ALAC) and the Australian Junior Athletics Championships (AJAC) in Brisbane.



Annika Kumar (Year 7)

There were outstanding results across both championships with the most successful performance coming from Year 7 student Annika Kumar who came away with five medals from the two championships.

Annika won three individual silver medals and two relay gold medals. At the ALAC Annika won silver in the Under 13 years 200 metres and 400 metres and gold anchoring home the Swedish relay, she then backed up to take silver at the AJAC in the Under 14 400 metres and gold in the mixed 4 x 200m relay.

Eleni Rakasi, Year 9, added another national title to her name winning the Under 15 Discus and set a new personal best in the Under 15 hammer throw to finish in tenth place. Eleni has now been selected to represent Fiji in both events at the upcoming Oceania Championships in Darwin.



Eleni Rakasi (Year 9)



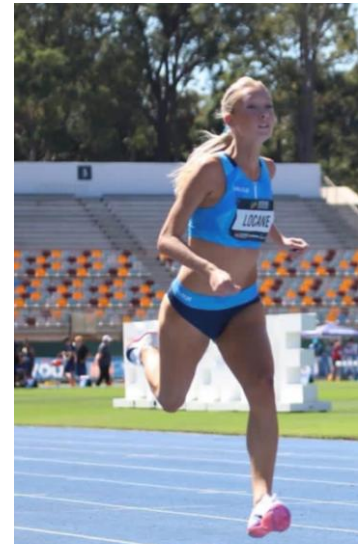
Amber Worden (Year 9)

Amber Worden, Year 9, competing at her first Australian Junior Championships also had an outstanding competition placing 6th in the Under 16 heptathlon setting a new personal best score which included personal bests for 5 of the 7 events. She then backed up the following day finishing just outside the medals, to place fourth in the Under 16 long jump with another personal best 5.42m.

Year 12 student, Emmanuella Oimage made her first national final in the Under 17 100 metres. After breaking the 12 second barrier for the first time she set a new personal best of 11.99 seconds to finish in seventh place in the final.

Bronte Locane, Year 12, continued her recent good form running personal best times for both the 100 metres and 200 metres. In the heat of the 200 metres, she ran a personal best time of 24.24 seconds (which bettered the World Under 20 championships qualifying time), she progressed to the final finishing strongly in seventh place with 24.46 seconds. Bronte place fifteenth overall in the Under 20 100 metres running 12.08 seconds.

Other performance included Year 11 student Indiana Middleton, who placed eleventh in the Under 17 shot put and Leticia Lin-Orme, Year 8, who finished in twentieth and twenty ninth position in the Under 15 400 metres and 800 metres respectively.



Bronte Locane (Year 12)

Meriden alumni competing:

Adriana Borg (Class of 2025), ninth Under 20 triple jump and fifteenth Under 20 long jump

Audrey Sutton (Class of 2024), thirteenth Under 20 long jump

Claudia Meaker (Class of 2025), fifteenth Under 20 1500 metres

Kiera Krebs (Class of 2024), sixteenth Under 20 200 metres, seventeenth Under 20 100 metres

Congratulations to all the girls, the Meriden coaches and personal coaches on their outstanding performances.

IGSA Cross Country Carnival 2026



IGSA Cross Country Team 2026

A team of forty-one Meriden girls competed at the recent IGSA Cross Country Championships that were held down at the Frensham school in Mittagong.

On a new course this year the girls adapted well to the challenges with Meriden finishing in a credible eleventh place out of twenty-seven schools.

Girls who finished in the top fifteen in their age group will progress through to the CIS along with the top two placed teams in each age group, consisting of four competitors.

With over 120 competitors in each age group there were solid performances throughout the day with, eight students progressing through to the NSW CIS Championships.

The 16 years team was the highest placed team finishing first in their age group with the 17 years team finishing in fifth place.

Congratulations to the following students on their results:

- 16 Years Team, 1st place (Kyah Gallen, Sienna Sukh, Caitlin Proberts)
- Alexis Daly, Year 7, 4th place 13 years 3000m
- Kyah Gallen, Year 10, 7th place 16 years 4000m
- Julia Meaker, Year 11, 4th place 17 years 4000m
- Holly Jackson, Year 11, 12th place 17 years 4000m
- Leticia Lin-Orme, Year 8, 13th place 14 years 3000m
- Sienna Sukh, Year 10, 14th place 16 years 4000m
- Caitlin Proberts, Year 11, 20th place 16 years 4000m
- Mia Raju, Year 11, 34th place 16 years 4000m (qualified for team event)



Caitlin Proberts, Sienna Sukh and Kyah Gallen (Year 10)

These girls have been selected to represent Meriden/IGSA at the CIS Cross Country Championships and this equals Meriden best individual numbers qualifying for CIS.

Other notable finishes:

- Gabi Sukh, Year 12, 31st place 18 years 6000m
- Greta Rand, Year 12, 44th place 18 years 6000m
- Kiera Tan, Year 11, 46th place, 17 years 4000m

Congratulations to all the girls on their performances at this Carnival.

The NSW CIS Cross Country Championship will be held on Thursday 25 June at the Sydney International Equestrian Centre.

We wish the girls all the best in their preparation towards this competition.

Mrs Nicole Boegman-Stewart

Head Coach Athletics